## JULY 2024 CHILD CARE BREAKFAST MENU MONDAY TUESDAY FRIDAY 7/1/2024 7/2/2024 7/3/2024 7/4/2024 7/5/2024 349 CORN CHEX CEREAL 367 WG CINNAMON RAISIN SLICED BAGEL 327 WG EGGO MINI MAPLE WAFFLES (thaw & 331 WG CORN MUFFIN 684 MIXED BERRY APPLESAUCE CUP happy 344 BLUEBERRY CHEX CEREAL 100 WHITE MILK 609 DOLÉ MIXED FRUIT CUP 341 WG HONEY BUNCHES OF OATS HONEY 670 FRESH FRUIT 100 WHITE MILK CRUNCH CEREAL 100 WHITE MILK 670 FRESH FRUIT 100 WHITE MILK NO DELIVERIES 7/8/2024 7/9/2024 7/10/2024 7/11/2024 7/12/2024 369 PILLSBURY TRIPLE BERRY BLAST WG 339 WG CRANBERRY ORANGE MUFFIN 340 HONEY CHEERIOS CEREAL 344 BLUEBERRY CHEX CEREAL 368 WG WHITE WHEAT SLICED BAGEL MINI FRENCH TOAST (thaw & serve) 644 DOLE DICED PEARS CUP 670 FRESH FRUIT 607 DOLE DICED MANGO CUP 648 STRAWBERRY GELLO BOWL 100 WHITE MILK 100 WHITE MILK 332 WG APPLE CINNAMON MUFFIN 100 WHITE MILK 100 WHITE MILK 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK 7/15/2024 7/16/2024 7/17/2024 7/18/2024 7/19/2024 345 HONEY SCOOTERS CEREAL 366 WG BLUEBERRY SLICED BAGEL 331 WG CORN MUFFIN 318 WG EGGO CINNAMON MINI WAFFLES 343 RICE CHEX CEREAL 670 FRESH FRUIT 684 MIXED BERRY APPLESAUCE CUP (thaw & serve) 670 FRESH FRUIT 100 WHITE MILK 347 CINNAMON CHEX CEREAL 100 WHITE MILK 646 DOLE DICED PEACHES CUP 100 WHITE MILK 608 DOLE TROPICAL FRUIT CUP 100 WHITE MILK 100 WHITE MILK 7/22/2024 7/23/2024 7/24/2024 7/25/2024 7/26/2024 346 CINNAMON TOAST CRUNCH CEREAL 341 WG VANILLA HONEY BUNCHES OF OATS 369 PILLSBURY TRIPLE BERRY BLAST WG 332 WG APPLE CINNAMON MUFFIN 340 HONEY CHEERIOS CEREAL 670 FRESH FRUIT CEREAL MINI FRENCH TOAST (thaw & serve) 649 ORANGE GELLO BOWL 645 DOLE PINEAPPLE TIDBITS CUP 100 WHITE MILK 683 UNSWEETENED APPLESAUCE CUP 609 DOLE MIXED FRUIT CUP 100 WHITE MILK 100 WHITE MILK 100 WHITE MILK 670 FRESH FRUIT 100 WHITE MILK 7/29/2024 7/30/2024 7/31/2024 8/1/2024 8/2/2024 335 WG BANANA MUFFIN 327 WG EGGO MINI MAPLE WAFFLES (thaw & 347 CINNAMON CHEX CEREAL 366 WG BLUEBERRY SLICED BAGEL 345 HONEY SCOOTERS CEREAL 670 FRESH FRUIT 670 FRESH FRUIT **508 DOLE TROPICAL FRUIT CUP** Or 100 WHITE MILK 100 WHITE MILK 339 WG CRANBERRY ORANGE MUFFIN 100 WHITE MILK 346 CINNAMON TOAST CRUNCH CEREAL 683 UNSWEETENED APPLESAUCE CUP 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK 100 WHITE MILK

## MENU SUBJECT TO CHANGE

REMINDER: Water must be OFFERED every day!

Healthy Grains! All items are 100% whole or whole grain rich products.

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

PLEASE READ CAREFULLY: Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours.