

# JUNE 2024 CHILD CARE COLD LUNCH MENU

**Remember that at least one vegetable component MUST be served at every Lunch!**

MONDAY 6/3/2024	TUESDAY 6/4/2024	WEDNESDAY 6/5/2024	THURSDAY 6/6/2024	FRIDAY 6/7/2024
<b>Weekly Sandwich Alternate (must order all items in place of sandwich):</b> 136 VANILLA YOGURT - 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 922 WG CINNAMON GRANOLA				
<b>COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk</b>				
227 TURKEY HAM, TURKEY PEPPERONI & CHEESE WG WEDGE SANDWICH 630 RUBY RUSHER VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	236 TURKEY & TWO CHEESE WG WEDGE SANDWICH 631 100% CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	404 TURKEY HAM, TURKEY SALAMI, TURKEY PEPPERONI & MOZZARELLA CHEESE ON WG WRAP 632 100% WANGO MANGO VEGETABLE JUICE 607 DOLE DICED MANGO CUP 100 WHITE MILK	261 SOY BUTTER & JELLY WG SANDWICH 606 CHOPPED ROMAINE SALAD <b>or</b> 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT <b>or</b> 682 BANANAS (requires approval to order) 100 WHITE MILK  <small style="color: blue;">LAST CHANCE TO ORDER BANANAS! THEY'LL BE BACK IN THE FALL</small>	238 CHICKEN, TURKEY PEPPERONI & CHEESE ON WG CROISSANT 606 CHOPPED ROMAINE SALAD <b>or</b> 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK
6/10/2024	6/11/2024	6/12/2024	6/13/2024	6/14/2024
<b>Weekly Sandwich Alternate (must order all items in place of sandwich):</b> 139 CHEDDAR CHEESE CUP - 130 SUNFLOWER KERNELS - 941 WG TOSTITOS SCOOPS				
<b>COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk</b>				
229 TURKEY HAM & CHEESE ON WG CROISSANT 630 100% DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	236 TURKEY & TWO CHEESE WG WEDGE SANDWICH 631 100% CHERRY STAR VEGETABLE JUICE 645 DOLE PINEAPPLE TIDBITS CUP 100 WHITE MILK	228 TURKEY HAM & CHEESE ON WG SUB SANDWICH 633 100% SUNSET SIP VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 606 CHOPPED ROMAINE SALAD <b>or</b> 611 BABY CARROTS SNACK PACK 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	261 SOY BUTTER & JELLY WG SANDWICH 606 CHOPPED ROMAINE SALAD <b>or</b> 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK
6/17/2024	6/18/2024	6/19/2024	6/20/2024	6/21/2024
<b>Weekly Sandwich Alternate (must order all items in place of sandwich):</b> 543 RED PEPPER HUMMUS - 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 926 GARDEN SALSA SUNCHIPS				
<b>COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk</b>				
227 TURKEY HAM, TURKEY PEPPERONI & CHEESE WG WEDGE SANDWICH 634 100% RUBY RUSHER VEGETABLE JUICE 607 DOLE DICED MANGO CUP 100 WHITE MILK	236 TURKEY & TWO CHEESE WG WEDGE SANDWICH 630 100% DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	404 TURKEY HAM, TURKEY SALAMI, TURKEY PEPPERONI & MOZZARELLA CHEESE ON WG WRAP 632 100% WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK  <b style="text-align: center;">JUNETEENTH NO DELIVERIES</b>	261 SOY BUTTER & JELLY WG SANDWICH 631 100% CHERRY STAR VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	238 CHICKEN, TURKEY PEPPERONI & CHEESE ON WG CROISSANT 633 100% SUNSET SIP VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK
6/24/2024	6/25/2024	6/26/2024	6/27/2024	6/28/2024
<b>Weekly Sandwich Alternate (must order all items in place of sandwich):</b> 137 PEACH YOGURT - 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 989 WG HONEY GRAHAM CRACKERS				
<b>COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk</b>				
237 ITALIAN COMBO SANDWICH ON WG BUN 632 100% WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	233 ROTISSERIE CHICKEN & MOZZARELLA ON WG BRIOCHE BUN 633 100% SUNSET SIP VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	228 TURKEY HAM & CHEESE ON WG SUB SANDWICH 631 100% CHERRY STAR VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	232 BUFFALO CHICKEN BREAST & CHEDDAR ON WG BRIOCHE BUN 606 CHOPPED ROMAINE SALAD <b>or</b> 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK	229 TURKEY HAM & CHEESE ON WG CROISSANT 606 CHOPPED ROMAINE SALAD <b>or</b> 611 BABY CARROTS SNACK PACK 645 DOLE PINEAPPLE TIDBITS CUP 100 WHITE MILK

**MENU SUBJECT TO CHANGE**

**REMINDER:** Water must be OFFERED every day!

**Healthy Grains!** All items are 100% whole or whole grain rich products.

**Milk:** 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

**CHOPPED ROMAINE SALAD:** CHILDREN AGES 1 THROUGH 5 RECEIVE 1/2 CUP, CHILDREN AGE 6 & OLDER RECEIVE 1 CUP.

**PLEASE READ CAREFULLY:** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours.