


ELEMENTARY COLD LUNCH

September 2024

Menu is subject to change and a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> 	<p>3</p> <p>261 Soy Butter & Jelly Sandwich</p> <p>621 Celery</p> <p>630 Dragon Punch Veggie Juice</p> <p>749 Apple Cherry Juice</p> <p>934 Dino Bites</p>	<p>4</p> <p>229 Turkey Ham & Cheese Croissant</p> <p>602 PA Dutch Potato Salad</p> <p>634 Ruby Rusher Veggie Juice</p> <p>670 Fresh Fruit</p> <p>928 Goldfish Pretzels</p>	<p>5</p> <p>242 Chicken & Turkey Ham & Cheese Wedge Sandwich</p> <p>611 Bagged Carrots</p> <p>534 Red Pepper Hummus</p> <p>609 Dole Tropical Fruit Cup</p>	<p>6</p> <p>232 Buffalo Chicken Breast & Cheddar on Broche Bun</p> <p>706 Spinach Salad w. Chickpeas</p> <p>670 Fresh Fruit OR</p> <p>682 Bananas</p>
<p>9</p> <p>233 Rotisserie Chicken & Mozzarella on Brioche Bun</p> <p>601 Homestyle Potato Salad</p> <p>631 Cherry Star Veggie Juice</p> <p>670 Fresh Fruit</p> <p>927 Cheddar Goldfish</p>	<p>10</p> <p>236 Turkey & Two Cheese Wedge Sandwich</p> <p>620 Salsa</p> <p>633 Sunset Sip Veggie Juice</p> <p>697 Bagged Apple Slices</p> <p>988 Cinnamon Graham Crackers</p>	<p>11</p> <p>227 Turkey Ham, Turkey Pepp & Cheese Sub</p> <p>611 Bagged Carrots</p> <p>546 Cheesy Pizza Hummus</p> <p>752 Fruit Punch Juice</p>	<p>12</p> <p>234 Turkey Ham & Two Cheese</p> <p>708 Romaine Salad w. Cherry Tomatoes</p> <p>670 Fresh Fruit OR</p> <p>682 Bananas</p> <p>931 Cinamon Bug Bites</p>	<p>13</p> <p>274 Toasted Cheese Sandwich</p> <p>634 Ruby Rusher Veggie Juice</p> <p>541 Chocolate Brownie Hummus</p> <p>648 Strawberry Gello Cups</p> <p>929 Chocolate Tiger Bites</p>
<p>16</p> <p>232 Buffalo Chicken Breast & Cheddar on Broche Bun</p> <p>620 Salsa</p> <p>630 Dragon Punch Veggie Juice</p> <p>670 Fresh Fruit</p> <p>941 Tostito Scoops</p>	<p>17</p> <p>261 Soy Butter & Jelly Sandwich</p> <p>621 Celery</p> <p>633 Sunset Sip Veggie Juice</p> <p>657 Strawberry Craisins</p> <p>932 Cinamon Scooby Snacks</p>	<p>18</p> <p>238 Chicken, Turkey Pepp & Cheese Croissant</p> <p>611 Bagged Carrots</p> <p>543 Red Pepper Hummus</p> <p>750 Apple Juice</p>	<p>19</p> <p>404 Italian Combo Wrap</p> <p>706 Spinach & Romaine Salad w/ Chickpeas</p> <p>670 Fresh Fruit OR</p> <p>682 Bananas</p> <p>937 Apple Cinnamon Bear Grahams</p>	<p>20</p> <p>230 Turkey & Mozzarella on Flatbread</p> <p>602 PA Dutch Potato Salad</p> <p>634 Ruby Rusher Vegetable Juice</p> <p>644 Dole Pear Cup</p> <p>930 Cheez-Its</p>
<p>23</p> <p>236 Turkey & Two Cheese Wedge Sandwich</p> <p>611 Bagged Carrots</p> <p>543 Red Pepper Hummus</p> <p>608 Dole Tropical Fruit Cup</p>	<p>24</p> <p>229 Turkey Ham & Cheese Croissant</p> <p>601 Homestyle Potato Salad</p> <p>630 Dragon Punch Veggie Juice</p> <p>670 Fresh Fruit</p>	<p>25</p> <p>230 Turkey & Mozzarella on Flatbread</p> <p>620 Salsa</p> <p>631 Cherry Star Veggie Juice</p> <p>659 Watermelon Craisins</p> <p>941 Tostito Scoops</p>	<p>26</p> <p>228 Turkey Ham & Cheese Sub</p> <p>708 Romaine Salad w. Cherry Tomatoes</p> <p>670 Fresh Fruit OR</p> <p>682 Bananas</p>	<p>27</p> <p>274 Toasted Cheese Sandwich</p> <p>634 Ruby Rusher Vegetable Juice</p> <p>541 Chocolate Brownie Hummus</p> <p>752 Fruit Punch Juice</p> <p>936 Vanilla Bear Grahams</p>

PLEASE READ CAREFULLY - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.



Scan the QR Code for the NDS Color Wheel! These colors will help you identify what food group each item belongs to!

Nutritional Development Services
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 215-895-3470, option 1

