

# OCTOBER 2024 HOT SUPPER MENU



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
9/30/2024		10/1/2024		10/2/2024		10/3/2024		10/4/2024	
255 PIZZA BOLI 630 DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 100 MILK		208 MINI CORN DOGS 611 BAGGED BABY CARROTS 609 MIXED FRUIT CUP 100 MILK		226 PHILLY STEAK & CHEESE PINWHEEL 623 TATER TOTS 645 PINEAPPLE CUP 100 MILK		221 TWO CHEESE, CHICKEN QUESADILLA 708 SPINACH SALAD WITH CHICKPEAS 684 MIXED BERRY APPLESAUCE 100 MILK		265 4X6 CHEESE PIZZA 634 RUBY RUSH VEGETABLE JUICE 670 FRESH FRUIT 100 MILK	
10/7/2024		10/8/2024		10/9/2024		10/10/2024		10/11/2024	
205 POPCORN CHICKEN 611 BAGGED BABY CARROTS 670 FRESH FRUIT 100 MILK		257 MOZZARELLA STICKS 622 MARINARA CUP 649 ORANGE GEL CUP 100 MILK		200 HAMBURGER 603 BAKED BEANS 648 STRAWBERRY GEL CUP 918 HAMBURGER BUN 100 MILK		268 FRENCH BREAD CHEESE PIZZA 706 SPINACH W/TOMATOES 670 FRESH FRUIT 100 MILK		284 CHICKEN ALFREDO, PENNE AND BROCCOI 697 SLICED APPLES 909 DINNER ROLL 100 MILK	
10/14/2024		10/15/2024		10/16/2024		10/17/2024		10/18/2024	
256 CHEESE STUFFED BREADSTICKS 622 MARINARA CUP 670 FRESH FRUIT 100 MILK		215 BEEF & CHEESE TACO STICK 620 SALSA CUP 684 MIXED BERRY APPLESAUCE 100 MILK		209 FRENCH TOAST W/SAUSAGE 620 TATER TOTS 670 FRESH FRUIT 100 MILK		202 CHEESEBURGER ON BUN 611 BAGGED BABY CARROTS 609 MIXED FRUIT CUP 100 MILK		268 FRENCH BREAD CHEESE PIZZA 708 SPINACH SALAD W/CHICK PEAS 697 SLICED APPLES 100 MILK	
10/21/2024		10/22/2024		10/23/2024		10/24/2024		10/25/2024	
272 BUFFALO CHICKEN CALZONE 620 SALSA CUP 670 FRESH FRUIT 100 MILK		257 MOZZARELLA STICKS 623 TATER TOTS 697 SLICED APPLES 100 MILK		217 SPICY GRILLED CHEESE 611 BAGGED BABY CARROTS 683 UNSWEETENED APPLESAUCE 100 MILK		207 CHEESE RAVIOLI 708 SPINACH SALAD WITH CHICKPEAS 670 FRESH FRUIT 100 MILK		281 POPCORN CHICKEN AND POTATOES 648 STRAWBERRY GEL CUP 100 MILK	
10/28/2024		10/29/2024		10/30/2024		10/31/2024		11/1/2024	
208 MINI CORN DOGS 623 TATER TOTS 697 SLICED APPLES 100 MILK		271 CHEESEBURGER CALZONE 625 CORN 670 FRESH FRUIT 100 MILK		223 VEGGIE PINWHEEL 611 BAGGED BABY CARROTS 608 TROPICAL FRUIT CUP 100 MILK		264 4X6 CHEESE PIZZA 708 SPINACH SALAD WITH CHICKPEAS 670 FRESH FRUIT 100 MILK		226 PHILLY STEAK & CHEESE PINWHEEL 623 TATER TOTS 683 APPLESAUCE CUP 100 MILK	

**FIRST IN FIRST OUT: MEALS LEFT OVER TODAY WILL BE SERVED TOMORROW**

Nutritional Development Services /Archdiocese of Philadelphia  
222 North 17th Street  
Philadelphia, PA 19103  
215-895-3470, Option 4; afterschoolmeals@ndsarch.org

Milk Variety includes Skim White Milk, 1 % White Milk, Skim Chocolate Milk, Skim Strawberry Milk and Skim Lactose Free Milk

**REMINDER: Water must be OFFERED every day!**

**PLEASE READ CAREFULLY:** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours.

**MENU SUBJECT TO CHANGE**