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| --- | --- | --- | --- | --- |
| Monday | **Tuesday** | **Wednesday** | **Thursday**  Menu is subject to change and a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain. | **Friday** |
| **30**  **312** Fruit Loops Pouch  OR  **315** Apple Cinnamon  Texas Toast  **670** Fresh Fruit  **748** Grape Juice  Pre-K: **341** Honey Bunches of  Oats Cereal  **382** Cinnamon Toast Crunch  Bar BK Kit | **1**  **328** Chocolate Chip Muffin  OR  **367** Cinnamon Raisin Bagel  **648** Strawberry Gel Cup  **749** Apple Juice  Pre-K: **332** Apple Cinnamon  Muffin  **382** Cinnamon Toast Crunch  Bar BK Kit | **2**  **329** Honey Cheerios Cereal  OR  **307** Cherry Frudel  **750** Apple Juice  **688** Orange Mango Applesauce  Pre-K: **368** Wheat Bagel  **382** Cinnamon Toast Crunch  Bar BK Kit | **3**  **317** Confetti Mini  Pancakes  OR  **922** Granola w/ Cinnamon & **138** BlueberryYogurt  **753** Orange Juice  **659** Watermelon Craisins  Pre-K: **369** Mini French Toast  Berry Blasts  **382** Cinnamon Toast Crunch  Bar BK Kit | **4**  **320** Corn Muffin  OR  **364** Mini Cinni Pull-A-Part    Vector graphic of world smile day good for world smile day celebration  28193619 Vector Art at Vecteezy  **670** Fresh Fruit  **752** Fruit Punch Juice  Pre-K: **331** Corn Muffin  **382** Cinnamon Toast Crunch  Bar BK Kit |
| **7**  **334** Cinnamon Toast  Crunch Cereal  OR  **137** Peach Yogurt **& 922** Granola w/ Cinnamon  **750** Apple Juice  **670** Fresh Fruit  Pre-K: **327** Maple Mini  Waffles  **380** Blueberry Pomegranate  Granola Bar BK Kit | **8**  **316** Eggo Maple Mini  Pancakes  OR  **338** French Toast Sticks  **657** Strawberry Craisins  **752** Fruit Punch Juice  Pre-K: **341** Honey Bunches of  Oats Crunch  **380** Blueberry Pomegranate  Granola Bar BK Kit | **9**  **323 Apple Cinnamon Muffin**  OR  **368** Plain Bagel  **609** MixedFruit Cup  **753** Orange Juice  Pre-K: **340** Honey Cheerios  **380** Blueberry Pomegranate  Granola Bar BK Kit | **10**  **134** Cherry Vanilla Yogurt **& 311** Apple Jacks Pouch  OR  **365** Mini Cinni Caramel Pull-A-Part  **670** Fresh Fruit  **748** Grape Juice  Pre-K: **339** Orange Cranberry  Muffin  **380** Blueberry Pomegranate  Granola Bar BK Kit | **11**  **308** Strawberry Mini Bagel  OR  **317** Confetti Mini Bagels  Raisin Bagel  **689** Strawberry Applesauce  **749** Apple Cherry Juice  Pre-K: **346** Cinnamon Toast  Crunch Cereal  **380** Blueberry Pomegranate  Granola Bar BK Kit |
| **14**  **324** Cocoa Puffs Cup  OR  **366** Blueberry Bagel  **649** Orange Gel Cup  **748** Grape Juice  Pre-K: **344** Rice Chex Cereal  Columbus Day poster with Columb looking at spyglass Columbus Day poster with Columb looking at spyglass. Greeting or invitation card with Caravel Santa Maria floating on the sea waves and great spanish sailor with glass vector illustration Christopher Columbus - Explorer stock vector**390** Chocolate Chip Muffin  BK Kit  A close up of words  Description automatically generated | **15**  **316** Maple Mini Pancakes  OR  **307** Cherry Frudel  **670** Fresh Fruit  **750** Apple Juice  Pre-K: **331** Corn Muffin  **390** Chocolate Chip Muffin  BK Kit | **16**  **328** Chocolate Chip Muffin  OR  **327** Maple Mini Waffles  **658** Cherry Craisins  **752** Fruit Punch Juice  Pre-K: **341** Honey Bunches of  Oats Crunch  **390** Chocolate Chip Muffin  BK Kit | **17**  **369** Mini French Toast  Berry Blast  OR  **365** Mini Cinni Caramel  Pull-A-Part  **697** Sliced Apples  **749** Apple Cherry Juice  Pre-K: **332** Apple Cinnamon  Muffin  **390** Chocolate Chip Muffin  BK Kit | **18**  **327** Eggo Maple Mini  Waffles  OR  **329** Honey Cheerios Cup  **670** Fresh Fruit  **752** Orange Juice  Pre-K: **369** Mini French Toast  Berry Blast  A close up of words  Description automatically generated**390** Chocolate Chip Muffin  BK Kit |
| **21**  **317** Confetti Mini Pancakes  OR  **262** Turkey Sausage  Breakfast Pizza Bagel  **658** Cherry Craisins  **752** Fruit Punch Juice  Pre-K:  **399** Cranberry Orange Muffin  **385** Trix BK Kit | **22**  **319** Orange Cranberry  Muffin  OR  **367** Cinnamon Raisin Bagel  **670** Fresh Fruit  **748** Grape Juice  Pre-K: **367** Cinnamon Raisin  Bagel  **385** Trix BK Kit | **23**  **334** Cinnamon Toast Crunch Cup  OR  **306** Apple Baked Frudel  **644** Pear Cup  **750** Apple Juice  Pre-K: **327** Maple Mini Waffles  **385** Trix BK Kit | **24**  **308** Strawberry Mini Bagel  OR  **311** Apple Jacks Pouch  & **136** Vanilla Yogurt  **670** Fresh Fruit  **753** Orange Juice  Pre-K: **340** Honey Cheerios  **385** Trix BK Kit | X Marks The Spot 2 Clip Art**25**  **332** Apple Cinnamon  Muffin  OR  **318** Cinnamon Mini  Waffles  **670** Fresh Fruit  **749** Apple Cherry Juice  Pre-K: **345** Honey Scooters  **385** Trix BK Kit |
| **28**  **324** Coco Puffs Cup  OR  **138** Blueberry Yogurt  & **921** Granola  **670** Fresh Fruit  **750** Apple Juice  Pre-K: **346** Cinnamon Toast  Crunch  **391** Blueberry Muffin BK Kit | **29**  **318** Cinnamon Mini Waffles  OR  **321** Banana Muffin  **608** Tropical Fruit Cup  **753** Orange Juice  Pre-K: **369** Mini French Toast  Berry Blast  **391** Blueberry Muffin BK Kit | **30**  **320** Corn Muffin  OR  **369** Mini French Toast  Berry Blast  **670** Fresh Fruit  **749** Apple Cherry Juice  Pre-K: **339** Orange Cranberry  Muffin  **391** Blueberry Muffin BK Kit | **31**  **351** Cinnamon Toast Crunch Bar  OR  **316** Maple Mini Pancakes  **657** Strawberry Craisins  **748** Grape Juice  Pre-K: **341** Honey Bunches of Oats Crunch  **391** Blueberry Muffin BK Kit | **1**  **327** Maple Mini Waffles  OR  No photo description available.**315** Apple Cinnamon Texas Toast  **670** Fresh Fruit  **752** Fruit Punch Juice  Pre-K: **368** Wheat Bagel  **391** Blueberry Muffin BK Kit |

A blue circle with white text and fish

Description automatically generatedPLEASE READ CAREFULLY - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children’s school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

**Nutritional Development Services**

**Archdiocese of Philadelphia**

**222 N 17th St, Philadelphia, PA 19103**

**215-895-3470, option 1**

A poster with text and pumpkins

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