

Menu is subject to change and a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain.

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| Monday | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **30****237** Italian Sandwich **620** Salsa**630** Dragon Punch Vegetable  Juice**670** Fresh Fruit**658** Cherry Craisins **941** Tostito Scoops | **1****236** Turkey & Two Cheese  Wedge Sandwich**611** Bagged Carrots**632** Wango Mango  Vegetable Juice**534** Red Pepper Hummus **609** Dole Mixed Fruit Cup**445** Mott’s Fruit Punch  | **2****227** Turkey Ham, Turkey  Pepp & Cheese Sub **601** Homestyle Potato Salad**631** Cherry Star Vegetable  Juice**670** Fresh Fruit**446** Mott’s Apple Juice | **3****261** Soy Butter & Jelly  Sandwich **708** Spinach Salad w.  Chickpeas **633** Sunset Sip Vegetable  Juice**447** Mott’s Apple White Grape  Juice**670** Fresh Fruit **OR** **682** Bananas **932** Cinnamon Scooby Snacks  | **4****229** Turkey Ham &  Cheese Croissant **622** Marinara Cup **634** Ruby Rusher Vegetable  Juice**670** Fresh Fruit **649** Orange Gel Cup **927** Cheddar Goldfish Vector graphic of world smile day good for world smile day celebration  28193619 Vector Art at Vecteezy |
| **7****237** Italian Sandwich **620** Salsa**632** Wango Mango  Vegetable Juice**648** Strawberry Gello Cups**670** Fresh Fruit**941** Tostito Scoops | **8****233** Rotisserie Chicken &  Mozzarella on Broche Bun**602** PA Dutch Potato Salad**630** Dragon Punch Vegetable  Juice**546** Cheesy Pizza Hummus**445** Mott’s Fruit Punch **659** Watermelon Craisins **939** Heartzel Pretzels  | **9****228** Turkey Ham &  Cheese Sub **611** Bagged Carrots **708** Romaine Salad w.  Chickpeas**670** Fresh Fruit**691** Strawberry Apple Crisp **937** Apple Cinnamon Bear Grahams  | **10****232** Buffalo Chicken &  Cheddar on Brioche Bun **611** Bagged Carrots **631** Cherry Star Vegetable  Juice**670** Fresh Fruit **OR****682** Bananas **688** Orange Mango Applesauce  | **11****229** Turkey Ham &  Cheese Croissant  **621** Celery **634** Ruby Rusher Vegetable  Juice**543** Red Pepper Hummus**446** Mott’s Apple Juice**608** Tropical Fruit Cup **932** Cinnamon Scooby Snacks  |
| **14****404** Italian Combo Wrap**620** SalsaColumbus Day poster with Columb looking at spyglass Columbus Day poster with Columb looking at spyglass. Greeting or invitation card with Caravel Santa Maria floating on the sea waves and great spanish sailor with glass vector illustration Christopher Columbus - Explorer stock vector**631** Cherry Star Vegetable  Juice**670** Fresh Fruit **654** Raspberry Lemonade Craisins A close up of words  Description automatically generated**941** Tostito Scoops | **15****261** Soy Butter & Jelly  Sandwich **621** Celery**630** Dragon Punch Vegetable  Juice**445** Mott’s Fruit Punch Juice **670** Fresh Fruit **934** Dino Bites  | **16****229** Turkey Ham &  Cheese Croissant **602** PA Dutch Potato Salad**634** Ruby Rusher Vegetable  Juice**670** Fresh Fruit**657** Strawberry Craisins **928** Goldfish Pretzels  |  **17****242** Chicken & Turkey  Ham & Cheese Wedge  Sandwich **611** Bagged Carrots**631** Cherry Star Vegetable  Juice**534** Red Pepper Hummus **609** Dole Mixed Fruit Cup**446** Mott’s Apple Juice**682** Banana  | **18****232** Buffalo Chicken Breast  & Cheddar on Broche  Bun**708** Spinach Salad w.  Chickpeas **633** Sunset Sip Vegetable  Juice**670** Fresh FruitA close up of words  Description automatically generatedX Marks The Spot 2 Clip Art**445** Mott’s Fruit Punch |
| **21****233** Rotisserie Chicken &  Mozzarella on Brioche  Bun **601** Homestyle Potato Salad**631** Cherry Star Vegetable  Juice**670** Fresh Fruit**445** Mott’s Fruit Punch Juice**927** Cheddar Goldfish  | **22****236** Turkey & Two Cheese  Wedge Sandwich**620** Salsa**633** Sunset Sip Vegetable  Juice**697** Bagged Apple Slices **446** Mott’s Apple Juice**941** Tostito Scoops | **23****227** Turkey Ham, Turkey  Pepp & Cheese Sub **632** Wango Mango  Vegetable Juice**611** Bagged Carrots**546** Cheesy Pizza Hummus**657** Strawberry Craisins**670** Fresh Fruit  | **24****234** Turkey Ham & Two  Cheese on Roll **621** Celery**708** Romaine Salad w.  Cherry Tomatoes**670** Fresh Fruit **OR****682** Bananas **446** Mott’s Apple Juice | **25****228** Turkey Ham & Cheese  Sub **634** Ruby Rusher Vegetable  Juice**611** Bagged Carrots**541** Chocolate Brownie  Hummus**648** Strawberry Gel Cup**670** Fresh Fruit **929** Chocolate Tiger Bites   |
| **28****232** Buffalo Chicken Breast  & Cheddar on Broche  Bun**620** Salsa**630** Dragon Punch Vegetable  Juice**670** Fresh Fruit**445** Mott’s Fruit Punch Juice**941** Tostito Scoops | **29****261** Soy Butter & Jelly  Sandwich**621** Celery **633** Sunset Sip Vegetable  Juice**670** Fresh Fruit **657** Strawberry Craisins  | **30****238** Chicken Turkey  Pepperoni & Cheese  Croissant **611** Bagged Carrots**534** Red Pepper Hummus **446** Mott’s Apple Juice**670** Fresh Fruit  | **31****404** Italian Combo Wrap**632** Wango Mango  Vegetable Juice**708** Spinach & Romaine  Salad w/ Chickpeas **670** Fresh Fruit **OR** **682** Bananas **445** Mott’s Fruit Punch Juice**993** Pumpkin Cookie  | **1****227** Turkey Ham, Turkey  Pepp & Cheese Sub **634** Ruby Rusher Vegetable  Juice**602** PA Dutch Potato Salad **670** Fresh Fruit**644** Pear Cup **936** Vanilla Bear Grahams |

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**Nutritional Development Services**

**Archdiocese of Philadelphia**

**222 N 17th St, Philadelphia, PA 19103**

**215-895-3470, option 1**