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| --- | --- | --- | --- | --- |
| Monday | **Tuesday** | **Wednesday** | **Thursday**  Menu is subject to change and a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain | **Friday** |
| **30**  **312** Eggo Maple Mini  Pancakes  OR  **315** Apple Cinnamon Texas  Toast  OR  **316** Maple Mini Pancakes  **670** Fresh Fruit  **445** Mott’s Fruit Punch Juice  **382** Cinnamon Toast Crunch  Bar BK Kit | **1**  **328** Chocolate Chip Muffin  OR  **367** Cinnamon Raisin Bagel  OR  **316** Maple Mini Pancakes  **648** Strawberry Gel Cup  **670** Fresh Fruit  **382** Cinnamon Toast Crunch  Bar BK Kit | **2**  **329** Honey Cheerios Cereal  OR  **307** Cherry Frudel  OR  **316** Maple Mini Pancakes  **446** Mott’s Apple Juice  **688** Orange Mango Applesauce  **382** Cinnamon Toast Crunch  Bar BK Kit | **3**  **317** Confetti Mini Pancakes  OR  **922** Granola w/ Cinnamon  & **138** BlueberryYogurt  OR  **316** Maple Mini Pancakes  **670** Fresh Fruit  **659** Watermelon Craisins  **382** Cinnamon Toast Crunch  Bar BK Kit | **4**  **320** Corn Muffin  OR  **364** Mini Cinni Pull-A-Part  OR  **316** Maple Mini Pancakes  Vector graphic of world smile day good for world smile day celebration  28193619 Vector Art at Vecteezy  **670** Fresh Fruit  **645** Pineapple Cup  **382** Cinnamon Toast Crunch  Bar BK Kit |
| **7**  **334** Cinnamon Toast  Crunch Cereal  OR  **137** Peach Yogurt **& 922**  Granola w/ Cinnamon  **446** Mott’s Apple Juice  **670** Fresh Fruit  **380** Blueberry Pomegranate  Granola Bar BK Kit | **8**  **316** Eggo Maple Mini  Pancakes  OR  **338** French Toast Sticks  OR  **329** Honey Cheerios Cereal  **657** Strawberry Craisins  **670** Fresh Fruit  **380** Blueberry Pomegranate  Granola Bar BK Kit | **9**  **323** Apple Cinnamon Muffin  OR  **368** Plain Bagel  OR  **329** Honey Cheerios Cereal  **609** MixedFruit Cup  **670** Fresh Fruit  **380** Blueberry Pomegranate  Granola Bar BK Kit | **10**  **134** Cherry Vanilla Yogurt  **& 311** Apple Jacks Pouch  OR  **365** Mini Cinni Caramel  Pull-A-Part  OR  **329** Honey Cheerios Cereal  **670** Fresh Fruit  **445** Mott’s Fruit Punch Juice  **380** Blueberry Pomegranate  Granola Bar BK Kit | **11**  **308** Strawberry Mini Bagel  OR  **317** Confetti Mini Bagels  Raisin Bagel  OR  **329** Honey Cheerios Cereal  **689** Strawberry Applesauce  **670** Fresh Fruit  **380** Blueberry Pomegranate  Granola Bar BK Kit |
| **14**  **324** Cocoa Puffs Cup  OR  **366** Blueberry Bagel  OR  **334** Cinnamon Toast  Crunch Cereal  Columbus Day poster with Columb looking at spyglass Columbus Day poster with Columb looking at spyglass. Greeting or invitation card with Caravel Santa Maria floating on the sea waves and great spanish sailor with glass vector illustration Christopher Columbus - Explorer stock vector  **649** Orange Gel Cup  **670** Fresh Fruit  A close up of words  Description automatically generated**390** Chocolate Chip Muffin  BK Kit | **15**  **316** Maple Mini Pancakes  OR  **307** Cherry Frudel  OR  **334** Cinnamon Toast  Crunch Cereal  **670** Fresh Fruit  **445** Mott’s Fruit Punch Juice  **390** Chocolate Chip Muffin BK  Kit | **16**  **328** Chocolate Chip Muffin  OR  **327** Maple Mini Waffles  OR  **334** Cinnamon Toast  Crunch Cereal  **447** Mott’s Apple White Grape  Juice  **752** Fruit Punch Juice  **390** Chocolate Chip Muffin BK  Kit | **17**  **369** Mini French Toast  Berry Blast  OR  **365** Mini Cinni Caramel  Pull-A-Part  OR  **334** Cinnamon Toast  Crunch Cereal  **697** Sliced Apples  **446** Mott’s Apple Juice  **390** Chocolate Chip Muffin  BK Kit | **18**  **327** Eggo Maple Mini  Waffles  OR  **329** Honey Cheerios Cup  OR  **334** Cinnamon Toast  Crunch Cereal  **670** Fresh Fruit  **688** Orange Mango  Applesauce  X Marks The Spot 2 Clip Art**390** Chocolate Chip Muffin  A close up of words  Description automatically generatedBK Kit |
| **21**  **317** Confetti Mini Pancakes  OR  **262** Turkey Sausage  Breakfast Pizza Bagel  OR  **328** Chocolate Chip Muffin  **658** Cherry Craisins  **670** Fresh Fruit  **385** Trix BK Kit | **22**  **319** Orange Cranberry Muffin  OR  **367** Cinnamon Raisin Bagel  OR  **328** Chocolate Chip Muffin    **670** Fresh Fruit  **445** Mott’s Fruit Punch Juice  **385** Trix BK Kit | **23**  **334** Cinnamon Toast Crunch Cup  OR  **306** Apple Baked Frudel  OR  **328** Chocolate Chip Muffin    **644** Pear Cup  **670** Fresh Fruit  **385** Trix BK Kit | **24**  **308** Strawberry Mini Bagel  OR  **311** Apple Jacks Pouch  & **136** Vanilla Yogurt  OR  **328** Chocolate Chip Muffin  **670** Fresh Fruit  **648** Strawberry Gel Cup  **385** Trix BK Kit | **25**  **332** Apple Cinnamon Muffin  OR  **318** Cinnamon Mini Waffles  OR  **328** Chocolate Chip Muffin  **670** Fresh Fruit  **447** Mott’s Apple White Grape Juice  **385** Trix BK Kit |
| **28**  **304** Cinnamon Frosted  Flakes Cup  OR  **136** Vanilla Yogurt  & **921** Granola  OR  **317** Confetti Mini Pancakes  **670** Fresh Fruit  **445** Mott’s Fruit Punch Juice  **391** Blueberry Muffin BK Kit | **29**  **318** Cinnamon Mini Waffles  OR  **321** Banana Muffin  OR  **317** Confetti Mini Pancakes    **608** Tropical Fruit Cup  **670** Fresh Fruit  **391** Blueberry Muffin BK Kit | **30**  **320** Corn Muffin  OR  **369** Mini French Toast Berry  Blast  OR  **317** Confetti Mini Pancakes  **670** Fresh Fruit  **446** Mott’s Apple Juice  **391** Blueberry Muffin BK Kit | **31**  **351** Cinnamon Toast Crunch Bar  OR  **316** Maple Mini Pancakes  OR  **317** Confetti Mini Pancakes    **657** Strawberry Craisins  **670** Fresh Fruit  **391** Blueberry Muffin BK Kit | **1**  **327** Maple Mini Waffles  OR  **315** Apple Cinnamon Texas  Toast  OR  **317** Confetti Mini Pancakes  **670** Fresh Fruit  **752** Fruit Punch Juice  **391** Blueberry Muffin BK Kit |

## A blue circle with white text and fish Description automatically generatedPLEASE READ CAREFULLY - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children’s school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

**Nutritional Development Services**

**Archdiocese of Philadelphia**

**222 N 17th St, Philadelphia, PA 19103**

**215-895-3470, option 1**

A poster with text and pumpkins

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