

NOVEMBER 2024 CHILD CARE HOT LUNCH MENU

Remember that at least one vegetable component MUST be served at every Lunch!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11/4/2024	11/5/2024	11/6/2024	11/7/2024	11/8/2024
255 WG CHEESE PIZZABOLI 623 TATER TOTS 670 FRESH FRUIT 100 WHITE MILK	284 GRILLED CHICKEN & BROCCOLI ALFREDO WITH WG PENNE PASTA 649 ORANGE GELLO CUP 100 WHITE MILK	295 MEATLOAF & GRAVY WITH MASHED POTATOES 670 FRESH FRUIT 905 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	283 WG CHICKEN TENDERS WITH CORN 606 CHOPPED ROMAINE SALAD or 682 BANANAS (requires approval to order) 100 WHITE MILK	201 CHEESEBURGER ON WG BUN or 252 TURKEY HOT DOG ON WG BUN 606 CHOPPED ROMAINE SALAD or 603 BAKED BEANS 688 ORANGE MANGO APPLESAUCE 100 WHITE MILK
11/11/2024	11/12/2024	11/13/2024	11/14/2024	11/15/2024
286 WG PENNE PASTA WITH MEAT SAUCE AND BLENDED VEGETABLES 608 DOLE TROPICAL FRUIT CUP 100 WHITE MILK	271 WG CHEESEBURGER CALZONE 622 RED GOLD MARINARA SAUCE CUP 670 FRESH FRUIT 100 WHITE MILK	285 GRILLED CHICKEN WITH HONEY MUSTARD SAUCE AND GREEN BEANS 689 STRAWBERRY APPLESAUCE CUP 905 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	225 WG CIABATTA GRILLED CHEESE SANDWICH 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 648 STRAWBERRY GELLO CUP or 682 BANANAS (requires approval to order) 100 WHITE MILK	204 WG CHICKEN NUGGETS 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 607 DOLE DICED MANGO CUP 100 WHITE MILK
11/18/2024	11/19/2024	11/20/2024	11/21/2024	11/22/2024
296 SALISBURY STEAK WITH ROASTED SEASONED POTATOES 653 STRAWBERRY BANANA APPLESAUCE 905 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	283 WG CHICKEN TENDERS WITH CORN 670 FRESH FRUIT 100 WHITE MILK	287 WG CHEESE RAVIOLI WITH BLENDED VEGETABLES 608 DOLE TROPICAL FRUIT CUP 100 WHITE MILK	293 WG CHICKEN PARMIGIANA WITH GREEN BEANS 606 CHOPPED ROMAINE SALAD or 682 BANANAS (requires approval to order) 100 WHITE MILK	269 WG CHEESE PIZZA CALZONE or 264 4" X 6" WG CHEESE PIZZA 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 645 DOLE PINEAPPLE TIDBITS CUP 100 WHITE MILK
11/25/2024	11/26/2024	11/27/2024	11/28/2024	11/29/2024
282 WG BBQ POPCORN CHICKEN WITH MASHED SWEET POTATOES 670 FRESH FRUIT 100 WHITE MILK	280 BEEF PATTY WITH GREEN BEANS 670 FRESH FRUIT 918 WHEAT HAMBURGER BUN 100 WHITE MILK	288 WG MACARONI & CHEESE WITH BROCCOLI 689 STRAWBERRY APPLESAUCE CUP 100 WHITE MILK	 NO DELIVERIES	NO DELIVERIES

MENU SUBJECT TO CHANGE

REMINDER: Water must be OFFERED every day!

Healthy Grains! All items are 100% whole or whole grain rich products.

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

+++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD

CHOPPED ROMAINE SALAD: CHILDREN AGES 1 THROUGH 5 RECEIVE 1/2 CUP, CHILDREN AGE 6 & OLDER RECEIVE 1 CUP.

PLEASE READ CAREFULLY: Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours.