NOVEMBER 2024 COLD SUPPER MENU



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	11/4/2024		11/5/2024		11/6/2024		11/7/2024		11/8/2024
118 543 611 696 939 100	Mozzarella String Cheese Red Pepper Hummus Bagged Baby Carrots Raisins Heartzel Pretzels Milk	138 130 632 670 922 100	Blueberry Yogurt Sunflower Kernels Wango Mango Vegetable Juice Fresh Fruit Granola/Cinnamon Milk KLECTION DAY	233 601 684 957 100	Rotisserie Chicken W/Mozzarella On Brioche Bun Homestyle Potato Salad Mixed Berry Applesauce Mayonnaise Milk 2420	139 132 708 670 924 943 100	Cheddar Cheese Cups Pumpkin Seeds Spinach W/Chickpeas Peas Fresh Fruit Harvest Cheddar Sun Chips Ranch Dressing Milk	118 129 633 697 349 100	Mozzarella String Cheese Honey Roasted Sunflower Kernels Sunset Sip Vegetable Juice Sliced Apples Corn Chex Cereal Milk
	11/11/2024		11/12/2024		11/13/2024		11/14/2024		11/15/2024
118 129 633 697 331 100	Mozzarella String Cheese Honey Roasted Sunflower Kernels Sunset Sip Vegetable Juice Sliced Apples Corn Muffin Milk VKTKRANS' DAY	134 129 696 634 341 100	Cherry Vanilla Yogurt Honey Roasted Sunflower Kernels Raisins Ruby Rusher Vegetable Juice Honey Bunches of Oats Crunch Cereal Milk	118 540 602 670 931 100	Mozzarella String Cheese Garlic Hummus Pa Dutch Potato Salad Fresh Fruit Bug Bites – Cinnamon Milk	404 630 645 100	Italian Combo Wrap Dragon Punch Vegetable Juice Pineapple Cup Milk	139 132 620 697 941 100	Cheddar Cheese Cup Pumpkin Seeds Salsa Cup Sliced Apples Tostito Scoops Milk
	2402		2407		2402		2416		2413
	11/18/2024		11/192024		11/20/2024		11/21/024		11/22/2024
234 611 683 943 100	Turkey Ham & 2 Cheese On Roll Bagged Baby Carrots Unsweetened Applesauce Cup Ranch Dressing Milk	133 130 632 670 349 100	Strawberry-Banana Yogurt Sunflower Kernels Wango Mango Vegetable Juice Fresh Fruit Corn Chex Cereal Milk	124 118 648 634 942 943 100	Smokehouse Turkey Breast Stick Mozzarella String Cheese Strawberry Gel Cup Ruby Rusher Vegetable Juice Multigrain Sun Chips Ranch Dressing Milk 2405	139 132 670 941 706 953 100	Cheddar Cheese Cup Pumpkin Seeds Fresh Fruit Tostitos Scoops Spinach W/ Tomatoes French Dressing Milk	118 541 631 697 932 100	Mozzarella String Cheese Chocolate Hummus Cherry Star Vegetable Juice Sliced Apples Cinnamon Scooby Snacks Milk
	11/25/2024		11/26/2024		11/27/2024		11/28/2024		11/29/2024
118 540 611 670 942 100	Mozzarella String Cheese Garlic Hummus Bagged Baby Carrots Fresh Fruit Multigrain Sun Chips Milk	136 132 630 684 345 100	Vanilla Yogurt Pumpkin Seeds Dragon Punch Vegetable Juice Mixed Berry Applesauce Honey Scooters Cereal Milk	118 129 634 648 939 100	Mozzarella String Cheese Honey Roasted Sunflower Kernels Ruby Rusher Vegetable Juice Strawberry Gel Cup Heartzel Pretzels Milk	ТН	HAPPY ANKSGIVING!	139 129 620 609 941 100	Cheddar Cheese Cups Honey Roasted Sunflower Kernels Salsa Cup Mixed Fruit Cup Tostitos Scoops Milk
	2402		2401		2402				2413



FIRST IN FIRST OUT: MEALS LEFT OVER TODAY WILL BE SERVED TOMORROW

Healthy Grains! All items are 100% whole or whole grain rich products.



Nutritional Development Services 222 North 17th Street, Philadelphia, PA 19103 Phone 215-895-3470 Opt. 4

FAX: 215-895-0832

email: afterschoolmeals@ndsarch.org

MENU SUBJECT TO CHANGE

Milk Variety includes:

Skim White Milk, 1 % White Milk, Skim Chocolate Milk, Skim Strawberry Milk & Skim Lactose Free Milk

PLEASE READ CAREFULLY: Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours.