
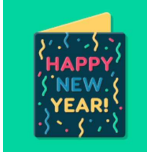


# DECEMBER 2024 CHILD CARE COLD LUNCH MENU

**Remember that at least one vegetable component MUST be served at every Lunch!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12/2/2024	12/3/2024	12/4/2024	12/5/2024	12/6/2024
<b>Weekly Sandwich Alternate (must order all items in place of sandwich):</b> 137 PEACH YOGURT - 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 989 WG GRAHAM CRACKERS				
<b>COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk</b>				
261 SOY BUTTER & JELLY WG SANDWICH 631 100% CHERRY STAR VEGETABLE JUICE 607 DOLE DICED MANGO CUP 100 WHITE MILK	233 ROTISSERIE CHICKEN & MOZZARELLA ON WG BRIOCHE BUN 633 100% SUNSET SIP VEGETABLE JUICE 670 FRESH FRUIT <b>or</b> 648 STRAWBERRY GELLO CUP 100 WHITE MILK	227 TURKEY HAM, TURKEY PEPPERONI & CHEESE WG SUB SANDWICH 634 100% RUBY RUSHER VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	229 TURKEY HAM & CHEESE ON WG CROISSANT 606 CHOPPED ROMAINE SALAD <b>or</b> 611 BABY CARROTS SNACK PACK 689 STRAWBERRY APPLESAUCE <b>or</b> 682 BANANAS (requires approval to order) 100 WHITE MILK	228 TURKEY HAM & CHEESE ON WG SUB SANDWICH 606 CHOPPED ROMAINE SALAD <b>or</b> 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK
12/9/2024	12/10/2024	12/11/2024	12/12/2024	12/13/2024
<b>Weekly Sandwich Alternate (must order all items in place of sandwich):</b> 139 CHEDDAR CHEESE CUP - 130 SUNFLOWER KERNELS - 941 WG TOSTITOS SCOOPS				
<b>COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk</b>				
232 BUFFALO CHICKEN BREAST & CHEDDAR ON WG BRIOCHE BUN 630 100% DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	261 SOY BUTTER & JELLY WG SANDWICH 634 100% RUBY RUSHER VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	238 CHICKEN, TURKEY PEPPERONI & CHEESE ON WG CROISSANT 633 100% SUNSET SIP VEGETABLE JUICE 608 DOLE TROPICAL FRUIT CUP 100 WHITE MILK	404 TURKEY HAM, TURKEY SALAMI, TURKEY PEPPERONI & MOZZARELLA CHEESE ON WG WRAP 606 CHOPPED ROMAINE SALAD <b>or</b> 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT <b>or</b> 682 BANANAS (requires approval to order) 100 WHITE MILK	227 TURKEY HAM, TURKEY PEPPERONI & CHEESE WG SUB SANDWICH 606 CHOPPED ROMAINE SALAD <b>or</b> 611 BABY CARROTS SNACK PACK 644 DOLE DICED PEARS CUP 100 WHITE MILK
12/16/2024	12/17/2024	12/18/2024	12/19/2024	12/20/2024
<b>Weekly Sandwich Alternate (must order all items in place of sandwich):</b> 543 RED PEPPER HUMMUS - 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 924 HARVEST CHEDDAR SUNCHIPS				
<b>COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk</b>				
236 TURKEY & TWO CHEESE WG WEDGE SANDWICH 632 100% WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	229 TURKEY HAM & CHEESE ON WG CROISSANT 633 100% SUNSET SIP VEGETABLE JUICE 645 DOLE PINEAPPLE TIDBITS CUP 100 WHITE MILK	233 ROTISSERIE CHICKEN & MOZZARELLA ON WG BRIOCHE BUN 634 100% RUBY RUSHER VEGETABLE JUICE 646 DOLE DICED PEACHES CUP 100 WHITE MILK	228 TURKEY HAM & CHEESE ON WG SUB SANDWICH 606 CHOPPED ROMAINE SALAD <b>or</b> 611 BABY CARROTS SNACK PACK 688 ORANGE MANGO APPLESAUCE <b>or</b> 682 BANANAS (requires approval to order) 100 WHITE MILK	261 SOY BUTTER & JELLY WG SANDWICH 606 CHOPPED ROMAINE SALAD <b>or</b> 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK
12/23/2024	12/24/2024	12/25/2024	12/26/2024	12/27/2024
<b>Weekly Sandwich Alternate (must order all items in place of sandwich):</b> 139 CHEDDAR CHEESE CUP - 130 SUNFLOWER KERNELS - 941 WG TOSTITOS SCOOPS				
<b>COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk</b>				
233 ROTISSERIE CHICKEN & MOZZARELLA ON WG BRIOCHE BUN 630 100% DRAGON PUNCH VEGETABLE JUICE 689 STRAWBERRY APPLESAUCE 100 WHITE MILK	261 SOY BUTTER & JELLY WG SANDWICH 631 100% CHERRY STAR VEGETABLE JUICE 609 DOLE MIXED FRUIT CUP 100 WHITE MILK	 <b>NO DELIVERIES</b>	404 TURKEY HAM, TURKEY SALAMI, TURKEY PEPPERONI & MOZZARELLA CHEESE ON WG WRAP 634 100% RUBY RUSHER VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	229 TURKEY HAM & CHEESE ON WG CROISSANT 633 100% SUNSET SIP VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK
12/30/2024	12/31/2024	1/1/2025	1/2/2025	1/3/2025
<b>Weekly Sandwich Alternate (must order all items in place of sandwich):</b> 138 BLUEBERRY YOGURT - 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 937 WG APPLE CINNAMON BEAR GRAHAMS				
<b>COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk</b>				
236 TURKEY & TWO CHEESE WG WEDGE SANDWICH 632 100% WANGO MANGO VEGETABLE JUICE 670 STRAWBERRY APPLESAUCE CUP 100 WHITE MILK	229 TURKEY HAM & CHEESE ON WG CROISSANT 630 100% DRAGON PUNCH VEGETABLE JUICE 649 ORANGE GELLO CUP 100 WHITE MILK	 <b>NO DELIVERIES</b>	228 TURKEY HAM & CHEESE ON WG SUB SANDWICH 631 100% CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	261 SOY BUTTER & JELLY WG SANDWICH 633 100% SUNSET SIP VEGETABLE JUICE 688 ORANGE MANGO APPLESAUCE 100 WHITE MILK

**MENU SUBJECT TO CHANGE**

**REMINDER: Water must be OFFERED every day!**

**Healthy Grains! All items are 100% whole or whole grain rich products.**

**Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.**

**CHOPPED ROMAINE SALAD: CHILDREN AGES 1 THROUGH 5 RECEIVE 1/2 CUP, CHILDREN AGE 6 & OLDER RECEIVE 1 CUP.**

**PLEASE READ CAREFULLY:** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours.