



# DECEMBER 2024 CHILD CARE HOT LUNCH MENU

Remember that at least one vegetable component **MUST** be served at every Lunch!

<b>MONDAY</b> 12/2/2024	<b>TUESDAY</b> 12/3/2024	<b>WEDNESDAY</b> 12/4/2024	<b>THURSDAY</b> 12/5/2024	<b>FRIDAY</b> 12/6/2024
285 GRILLED CHICKEN WITH HONEY MUSTARD SAUCE AND GREEN BEANS 607 DOLE DICED MANGO CUP 905 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	269 WG CHEESE PIZZA CALZONE 623 TOTER TOTS 670 FRESH FRUIT <b>or</b> 648 STRAWBERRY GELLO CUP 100 WHITE MILK	283 WG CHICKEN TENDERS WITH CORN 670 FRESH FRUIT 100 WHITE MILK	200 HAMBURGER PATTY ON WG BUN 606 CHOPPED ROMAINE SALAD <b>or</b> 611 BABY CARROTS SNACK PACK 689 STRAWBERRY APPLESAUCE <b>or</b> 682 BANANAS (requires approval to order) 100 WHITE MILK	286 WG PENNE PASTA WITH MEAT SAUCE AND BLENDED VEGETABLES 606 CHOPPED ROMAINE SALAD <b>or</b> 670 FRESH FRUIT 100 WHITE MILK
12/9/2024	12/10/2024	12/11/2024	12/12/2024	12/13/2024
284 GRILLED CHICKEN & BROCCOLI ALFREDO WITH WG PENNE PASTA 670 FRESH FRUIT 100 WHITE MILK	295 MEATLOAF & GRAVY WITH MASHED POTATOES 670 FRESH FRUIT 905 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	287 WG CHEESE RAVIOLI WITH BLENDED VEGETABLES 608 DOLE TROPICAL FRUIT CUP 100 WHITE MILK	282 WG BBQ POPCORN CHICKEN WITH MASHED SWEET POTATOES 606 CHOPPED ROMAINE SALAD <b>or</b> 682 BANANAS (requires approval to order) 100 WHITE MILK	255 WG CHEESE PIZZABOLI 606 CHOPPED ROMAINE SALAD <b>or</b> 611 BABY CARROTS SNACK PACK 644 DOLE DICED PEARS CUP 100 WHITE MILK
12/16/2024	12/17/2024	12/18/2024	12/19/2024	12/20/2024
293 WG CHICKEN PARMIGIANA WITH GREEN BEANS 670 FRESH FRUIT 100 WHITE MILK	288 WG MACARONI & CHEESE WITH BROCCOLI 645 DOLE PINEAPPLE TIDBITS CUP 100 WHITE MILK	281 WG POPCORN CHICKEN WITH ROASTED SEASONED POTATOES 646 DOLE DICED PEACHES CUP 100 WHITE MILK	269 WG CHEESE PIZZA CALZONE <b>or</b> 271 WG CHEESEBURGER CALZONE 606 CHOPPED ROMAINE SALAD <b>or</b> 611 BABY CARROTS SNACK PACK 688 ORANGE MANGO APPLESAUCE <b>or</b> 682 BANANAS (requires approval to order) 100 WHITE MILK	283 WG CHICKEN TENDERS WITH CORN CHOPPED ROMAINE SALAD <b>or</b> 670 FRESH FRUIT 100 WHITE MILK
12/23/2024	12/24/2024	12/25/2024	12/26/2024	12/27/2024
206 WG FRENCH TOAST WITH TURKEY SAUSAGE 623 TATER TOTS 689 STRAWBERRY APPLESAUCE 100 WHITE MILK	286 WG PENNE PASTA WITH MEAT SAUCE AND BLENDED VEGETABLES 606 DOLE MIXED FRUIT CUP 100 WHITE MILK	 <b>NO DELIVERIES</b>	283 WG CHICKEN TENDERS WITH CORN 670 FRESH FRUIT 100 WHITE MILK	264 4" X 6" WG CHEESE PIZZA <b>or</b> 208 WG MINI CORN DOGS 626 DICED CARROTS 670 FRESH FRUIT 100 WHITE MILK
12/30/2024	12/31/2024	1/1/2025	1/2/2025	1/3/2025
255 WG CHEESE PIZZABOLI 623 TATER TOTS 670 FRESH FRUIT 100 WHITE MILK	284 GRILLED CHICKEN & BROCCOLI ALFREDO WITH WG PENNE PASTA 649 ORANGE GELLO CUP 100 WHITE MILK	 <b>NO DELIVERIES</b>	281 WG POPCORN CHICKEN WITH ROASTED SEASONED POTATOES 670 FRESH FRUIT 100 WHITE MILK	201 CHEESEBURGER ON WG BUN <b>or</b> 252 TURKEY HOT DOG ON WG BUN 603 MAPLE BAKED BEANS 688 ORANGE MANGO APPLESAUCE 100 WHITE MILK

REMINDER: Water must be OFFERED every day!

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.  
+++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD

MENU SUBJECT TO CHANGE

Healthy Grains! All items are 100% whole or whole grain rich products.

CHOPPED ROMAINE SALAD: CHILDREN AGES 1 THROUGH 5 RECEIVE 1/2 CUP, CHILDREN AGE 6 & OLDER RECEIVE 1 CUP.

**PLEASE READ CAREFULLY:** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours.