LEMENTARY SCHOOL BREAKFAST December 2024 *

"Cheer on your team and eat GREEN!"- Bella P, 7th grade @ Holy Trinity



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
317 Confetti Mini Pancake	319 Orange Cranberry	334 Cinnamon Toast	308 Strawberry Mini Bagel	323 Apple Cinnamon
OR	Muffin	Crunch Cereal	OR	Muffin
262 Turkey Sausage	OR	OR	136 Vanilla Yogurt & 311	OR
Breakfast Pizza	367 Cinnamon Raisin Bagel	306 Apple Baked Frudel (Heat)	Apple Jacks Pouch	318 Cinnamon Waffles
752 Fruit Punch Juice	748 Grape Juice	670 Fresh Fruit	753 Orange Juice	749 Apple Cherry Juice
658 Cherry Craisins	658 Cherry Craisins OR	644 Dole Pear Cup	670 Fresh Fruit	670 Fresh Fruit
Pre-K: 327 Maple Mini	690 Apple Crisp	Pre-K: 339 Orange Cranberry	Pre-K: 345 Honey Scooters	Pre-K: 332 Apple Cinnamon
Waffles	Pre-K: 344 Blueberry Chex	Muffin	385 Trix BK Kit International	Muffin
385 Trix BK Kit	385 Trix BK Kit	385 Trix BK Kit	Day W	385 Trix BK Kit
	Giving Tuesday	National Cookie Day	THE PERSON NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TO THE PERSON NAMED IN COLUMN T	
9	10	11	12	13
324 Coco Puffs Cup	318 Cinnamon Mini	320 Corn Muffin	351 Cinnamon Toast Crunch	327 Maple Mini Waffles
OR	Waffles	OR	Bar	OR
138 Blueberry Yogurt	OR	369 Mini French Toast	OR	315 Apple Cinnamon Texas
& 921 Granola	321 Banana Muffin	Berry Blast	316 Maple Mini	Toast
	National Pastry Day		Pancakes Gingerbread House	
750 Apple Juice	753 Orange Juice	749 Apple Cherry Juice	748 Grape Juice	608 Tropical Fruit Cup
670 Fresh Fruit	670 Fresh Fruit	670 Fresh Fruit	657 Strawberry Craisins OR	752 Fruit Punch Juice
Pre-K: 341 Honey Bunches of	Pre-K: 331 Corn Muffin	Pre-K: 343 Rice Chex Cereal	696 Raisins	Pre-K: 369 Mini French Toast
Oats Crunch	391 Blueberry Muffin BK Kit	391 Blueberry Muffin BK Kit	Pre-K: 330 Blueberry Muffin	Berry Blast
391 Blueberry Muffin BK Kit			391 Blueberry Muffin BK Kit	391 Blueberry Muffin BK Kit
16	17	18	19	20
316 Maple Mini Pancakes	325 Cinnamon Chex Cup	369 Pillsbury Mini French	322 Blueberry Muffin	352 Cocoa Puff Bar
OR	OR	Toast Berry Blast	OR	OR
136 Vanilla Yogurt &	239 Chicken Sausage/	OR	306 Apple Baked	366 Blueberry Bagel
337 Raspberry Churro	Cheese Waffle	321 Banana Muffin	Frudel (Hot)	
	Sandwich (Hot)	654 Doomhowry Lowenedo		
749 Apple Cherry Juice	753 Orange Juice	654 Raspberry Lemonade Craisins	748 Grape Juice	750 Apple Juice
670 Fresh Fruit	670 Fresh Fruit	748 Grape Juice	670 Fresh Fruit	670 Fresh Fruit
Pre-K: 339 Orange Cranberry	Pre-K: 340 Honey Cheerios	Pre-K: 367 Cinnamon Raisin	Pre-K: 327 Maple Mini	Pre-K: 346 Cinnamon Toast
Muffin	384 Cinnamon Toast Crunch	Bagel	Waffles	Crunch
384 Cinnamon Toast Crunch	BK Kit	384 Cinnamon Toast Crunch	384 Cinnamon Toast Crunch	384 Cinnamon Toast Crunch
BK Kit		BK Kit	BK Kit	BK Kit
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	7/2	July 2025	Kappy	Houdays
			2 0.29	
6	7	8	9	10
312 Fruit Loops Pouch	329 Honey Cheerios Cup	369 Pillsbury Mini French	321 Banana Muffin	320 Corn Muffin
OR 324 Cocoa Puffs Cup	OR 367 Cinnamon Raisin	Toast Berry Blast	OR 138 Blueberry Yogurt &	OR 364 Mini Cinni Pull-A-Part
out cocoa i uns cup		OR 307 Cherry Frudel (Heat)	922 Granola w. Cinnamon	504 with Chin rull-A-rart
	Bagel	Sur Cherry Pruder (Heat)	922 Granoia W. Cinnamon	
748 Grape Juice	749 Apple Cherry Juice	750 Apple Juice	753 Orange Juice	752 Fruit Punch Juice
688 Orange Mango Applesauce	659 Watermelon Craisins	670 Fresh Fruit	670 Fresh Fruit	670 Fresh Fruit
Pre-K: 341 Honey Bunches of	Pre-K: 330 Blueberry Muffin	Pre-K: 369 Mini French Toast	Pre-K: 332 Apple Cinnamon	Pre-K: 340 Honey Cheerios
Oats Crunch	382 Cinnamon Toast Crunch	Berry Blast	Muffin	382 Cinnamon Toast Crunch
382 Cinnamon Toast Crunch	1	382 Cinnamon Toast Crunch	382 Cinnamon Toast Crunch	Bar BK Kit
Bar BK Kit	Bar BK Kit	Bar BK Kit	Bar BK Kit	DWI DIL ILIV

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.









Dear Parents, Caregivers, & Students,

As the holiday season approaches, NDS would like to take a moment to express our heartfelt gratitude for your support and partnership throughout the year. This time of year is all about connection, gratitude, and sharing, and NDS is thankful for the opportunity to provide students with nutritious meals.

We encourage you to celebrate the season by involving your children in meal planning and preparation, fostering a love for healthy foods.

NDS wishes you and your family a joyful holiday filled with warmth, laughter, and delicious meals. Thank you for another wonderful year!

National Pears Month!



December is Pear Month! It's a great time to enjoy this delicious fruit in

various
ways—whether fresh, in desserts,
or cooked in savory dishes. Pears
are versatile and add a lovely
sweetness to winter recipes.
Pears come in various varieties,
each with its own unique flavor
and texture. Some popular types
include Bartlett, Bosc, and Anjou

, <u>Candy</u> Canes

In the late 17th century, a choirmaster in Germany wanted to create a treat for children during the Christmas season. To represent the shepherds who visited the baby Jesus, he designed a hard candy in the shape of a shepherd's crook, which is why it resembles a cane. Over time, the candy cane became a popular holiday treat, spreading across Europe and eventually to America, where it remains a beloved Christmas symbol. Today, candy canes are often used for decorations and are enjoyed by families during the holiday season.

Prayer Corner

As we gather together in this season of joy and hope, we Thank You. Bless our school community—students, teachers, staff, and families. Help us to share kindness and compassion with one another, especially during this holy season. We pray for peace in our hearts and in our world. May the spirit of Christmas inspire us to serve others and spread joy. Thank You for Your many blessings. We ask for Your continued guidance and protection in the coming



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NDS School Lunch Program



