
















ELEMENTARY SCHOOL COLD LUNCH MENU

December 2024

"Cheer on your team and eat GREEN!"- Bella P, 7th grade @ Holy Trinity

Menu is subject to change and a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>236 Turkey & Two Cheese Wedge Sandwich</p> <p>631 Cherry Star Vegetable Juice</p> <p>541 Chocolate Hummus</p> <p>670 Fresh Fruit</p> <p>927 Cheddar Goldfish</p>	<p>3</p> <p>233 Rotisserie Chicken & Mozzarella on Brioche Bun</p>  <p>Giving Tuesday</p> <p>620 Salsa</p> <p>633 Sunset Sip Vegetable Juice</p> <p>752 Fruit Punch Juice</p> <p>941 Tostitos Scoops</p>	<p>4</p> <p>227 Turkey Ham, Turkey Pepperoni & Cheese Sub</p> <p>611 Bagged Baby Carrots</p> <p>546 Cheesy Pizza Hummus</p> <p>697 Bagged Apple Slices</p>  <p>National Cookie Day</p>	<p>5</p> <p>229 Turkey Ham & Cheese Croissant</p> <p>706 Romaine Salad w. Cherry Tomatoes</p> <p>670 Fresh Fruit OR</p> <p>682 Bananas</p> <p>931 Cinnamon Bug Bites</p>  <p>International Volunteer Day</p>	<p>6</p> <p>228 Turkey Ham & Cheese Sub</p> <p>634 Ruby Rusher Vegetable Juice</p> <p>601 Homestyle Potato Salad</p> <p>648 Dole Strawberry Gel Cup</p> <p>929 Chocolate Tiger Bites</p>
<p>9</p> <p>232 Buffalo Chicken Breast & Cheddar on Brioche Bun</p> <p>620 Salsa</p> <p>630 Dragon Punch Vegetable Juice</p> <p>670 Fresh Fruit</p> <p>941 Tostitos Scoops</p>	<p>10</p> <p>261 Soy Butter & Jelly Sandwich V</p>  <p>National Pastry Day</p> <p>602 PA Dutch Potato Salad</p> <p>633 Sunset Sip Vegetable Juice</p> <p>657 Strawberry Craisins</p> <p>988 Cinnamon Graham Crackers</p>	<p>11</p> <p>238 Chicken Turkey Pepperoni & Cheese Croissant</p> <p>611 Bagged Baby Carrots</p> <p>543 Red Pepper Hummus</p> <p>750 Apple Juice</p>	<p>12</p> <p>404 Italian Combo Wrap</p>  <p>Gingerbread House Day</p> <p>708 Spinach & Romaine Salad w/ Chickpeas</p> <p>670 Fresh Fruit OR</p> <p>682 Bananas</p> <p>928 Pretzel Goldfish</p>	<p>13</p> <p>227 Turkey Ham, Turkey Pepp & Cheese Sub</p> <p>621 Celery</p> <p>634 Ruby Rusher Vegetable Juice</p> <p>644 Dole Pear Cup</p> <p>936 Vanilla Bear Grahams</p>
<p>16</p> <p>236 Turkey & Two Cheese Wedge</p> <p>611 Bagged Baby Carrots</p> <p>543 Red Pepper Hummus</p> <p>608 Dole Tropical Fruit Cup</p>	<p>17</p> <p>229 Turkey Ham & Cheese Croissant</p> <p>601 Homestyle Potato Salad</p> <p>630 Dragon Punch Vegetable Juice</p> <p>670 Fresh Fruit</p>	<p>18</p> <p>233 Rotisserie Chicken & Mozzarella on Brioche Bun</p> <p>620 Salsa</p> <p>631 Cherry Star Vegetable Juice</p> <p>659 Watermelon Craisins</p> <p>941 Tostitos Scoops</p>	<p>19</p> <p>228 Turkey Ham & Cheese Sub</p> <p>708 Spinach & Romaine Salad w/ Chickpeas</p> <p>670 Fresh Fruit OR</p> <p>682 Bananas</p>	<p>20</p> <p>261 Soy Butter & Jelly Sandwich V</p> <p>634 Ruby Rusher Vegetable Juice</p> <p>541 Chocolate Hummus</p> <p>752 Fruit Punch Juice</p> <p>933 Holiday Cookie</p>
<p>23</p> 	<p>24</p> 	<p>25</p> 	<p>26</p> 	<p>27</p> 
<p>30</p> 	<p>31</p> 	<p>1</p> 	<p>2</p> 	<p>3</p> 
<p>6</p> <p>237 Italian Sandwich</p> <p>620 Salsa</p> <p>630 Dragon Punch Vegetable Juice</p> <p>658 Cherry Craisins</p> <p>941 Tostito Scoops</p>	<p>7</p> <p>229 Turkey Ham & Cheese Croissant</p> <p>622 Marinara Cup</p> <p>634 Ruby Rusher Vegetable Juice</p> <p>670 Fresh Fruit</p> <p>927 Cheddar Goldfish</p>	<p>8</p> <p>236 Turkey & Two Cheese Wedge</p> <p>611 Bagged Baby Carrots</p> <p>543 Red Pepper Hummus</p> <p>609 Dole Mixed Fruit Cup</p>	<p>9</p> <p>261 Soy Butter & Jelly Sandwich</p> <p>708 Spinach & Romaine Salad w/ Chickpeas</p> <p>670 Fresh Fruit</p> <p>932 Cinnamon Scooby Snack</p>	<p>10</p> <p>227 Turkey Ham, Turkey Pepperoni & Cheese Sub</p> <p>601 Homestyle Potato Salad</p> <p>631 Cherry Star Vegetable Juice</p> <p>670 Fresh Fruit</p>

V= Vegetarian Options

PLEASE READ CAREFULLY - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

Nutritional Development Services
Archdiocese of Philadelphia
222 N 17th St, Philadelphia, PA 19103
215-895-3470, option 1





December



Dear Parents, Caregivers, & Students,

As the holiday season approaches, NDS would like to take a moment to express our heartfelt gratitude for your support and partnership throughout the year. This time of year is all about connection, gratitude, and sharing, and NDS is thankful for the opportunity to provide students with nutritious meals.

We encourage you to celebrate the season by involving your children in meal planning and preparation, fostering a love for healthy foods.

NDS wishes you and your family a joyful holiday filled with warmth, laughter, and delicious meals. Thank you for another wonderful year!



Candy Canes

In the late 17th century, a choirmaster in Germany wanted to create a treat for children during the Christmas season. To represent the shepherds who visited the baby Jesus, he designed a hard candy in the shape of a shepherd's crook, which is why it resembles a cane. Over time, the candy cane became a popular holiday treat, spreading across Europe and eventually to America, where it remains a beloved Christmas symbol. Today, candy canes are often used for decorations and are enjoyed by families during the holiday season.

Prayer Corner

As we gather together in this season of joy and hope, we Thank You. Bless our school community—students, teachers, staff, and families. Help us to share kindness and compassion with one another, especially during this holy season. We pray for peace in our hearts and in our world. May the spirit of Christmas inspire us to serve others and spread joy. Thank You for Your many blessings. We ask for Your continued guidance and protection in the coming year.



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NDS School Lunch Program

