

JANUARY 2025 CHILD CARE COLD LUNCH MENU

Remember that at least one vegetable component MUST be served at every Lunch!

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|---|
| 1/6/2025 | 1/7/2025 | 1/8/2025 | 1/9/2025 | 1/10/2025 |
| Weekly Sandwich Alternate (must order all items in place of sandwich): 543 RED PEPPER HUMMUS - 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 924 HARVEST CHEDDAR SUNCHIPS | | | | |
| COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk | | | | |
| 237 TURKEY PEPPERONI, TURKEY SALAMI & CHEESE ON WG BUN 634 100% RUBY RUSHER VEGETABLE JUICE 648 STRAWBERRY GELLO CUP 100 WHITE MILK | 229 TURKEY HAM & CHEESE ON WG CROISSANT 631 100% CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK | 236 TURKEY & TWO CHEESE WG WEDGE SANDWICH 633 100% SUNSET SIP VEGETABLE JUICE 689 STRAWBERRY APPLESAUCE 100 WHITE MILK | 261 SOY BUTTER & JELLY WG SANDWICH 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 608 DOLE TROPICAL FRUIT CUP or 682 BANANAS (requires approval to order) 100 WHITE MILK | 227 TURKEY HAM, TURKEY PEPPERONI & CHEESE ON WG SUB 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 607 DOLE DICED MANGO CUP 100 WHITE MILK |
| 1/13/2025 | 1/14/2025 | 1/15/2025 | 1/16/2025 | 1/17/2025 |
| Weekly Sandwich Alternate (must order all items in place of sandwich): 139 CHEDDAR CHEESE CUP - 130 SUNFLOWER KERNELS - 941 WG TOSTITOS SCOOPS | | | | |
| COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk | | | | |
| 404 TURKEY HAM, TURKEY SALAMI, TURKEY PEPPERONI & MOZZARELLA CHEESE ON WG WRAP 630 100% DRAGON PUNCH VEGETABLE JUICE 684 STRAWBERRY BANANA APPLESAUCE 100 WHITE MILK | 261 SOY BUTTER & JELLY WG SANDWICH 634 100% RUBY RUSHER VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK | 227 TURKEY HAM, TURKEY PEPPERONI & CHEESE WG SUB SANDWICH 631 100% CHERRY STAR VEGETABLE JUICE 608 DOLE TROPICAL FRUIT CUP 100 WHITE MILK | 242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT or 682 BANANAS (requires approval to order) 100 WHITE MILK | 232 BUFFALO CHICKEN BREAST & CHEDDAR ON WG BRIOCHE BUN 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 688 ORANGE MANGO APPLESAUCE 100 WHITE MILK |
| 1/20/2025 | 1/21/2025 | 1/22/2025 | 1/23/2025 | 1/24/2025 |
| Weekly Sandwich Alternate (must order all items in place of sandwich): 543 RED PEPPER HUMMUS - 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 926 GARDEN SALSA SUNCHIPS | | | | |
| COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk | | | | |
| 227 TURKEY HAM, TURKEY PEPPERONI & CHEESE WG SUB SANDWICH 632 100% WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK <p style="text-align: center;">MARTIN LUTHER KING JR. DAY NO DELIVERIES</p> | 232 BUFFALO CHICKEN BREAST & CHEDDAR ON WG BRIOCHE BUN 631 100% CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK | 261 SOY BUTTER & JELLY WG SANDWICH 633 100% SUNSET SIP VEGETABLE JUICE 689 STRAWBERRY APPLESAUCE 100 WHITE MILK | 237 TURKEY PEPPERONI, TURKEY SALAMI & CHEESE ON WG BUN 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK | 228 TURKEY HAM & CHEESE ON WG SUB SANDWICH 611 BABY CARROTS SNACK PACK 649 ORANGE GELLO CUP 100 WHITE MILK |
| 1/27/2025 | 1/28/2025 | 1/29/2025 | 1/30/2025 | 1/31/2025 |
| Weekly Sandwich Alternate (must order all items in place of sandwich): 134 CHERRY VANILLA YOGURT - 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE - 989 WG GRAHAM CRACKERS | | | | |
| COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk | | | | |
| 261 SOY BUTTER & JELLY WG SANDWICH 634 RUBY RUSHER VEGETABLE JUICE 684 STRAWBERRY BANANA APPLESAUCE 100 WHITE MILK | 233 ROTISSERIE CHICKEN & MOZZARELLA ON WG BRIOCHE BUN 632 100% WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT or 648 STRAWBERRY GELLO CUP 100 WHITE MILK <p style="text-align: center;">NO DELIVERIES</p> | 228 TURKEY HAM & CHEESE ON WG SUB SANDWICH 630 100% DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK | 242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 688 ORANGE MANGO APPLESAUCE or 682 BANANAS (requires approval to order) 100 WHITE MILK | 238 CHICKEN, TURKEY PEPPERONI & CHEESE ON WG CROISSANT 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK |

MENU SUBJECT TO CHANGE

REMINDER: Water must be OFFERED every day!
Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.
CHOPPED ROMAINE SALAD: CHILDREN AGES 1 THROUGH 5 RECEIVE 1/2 CUP, CHILDREN AGE 6 & OLDER RECEIVE 1 CUP.
Healthy Grains! All items are 100% whole or whole grain rich products.

PLEASE READ CAREFULLY: Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours.