


JANUARY 2025 HOT SUPPER MENU

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|--|
| 13 280 Beef Burger With Green Beans 915 Hamburger Buns 670 Fresh Fruit 100 Milk  | 14 206 French Toast W/sausage 623 Tater Tots 684 Straw/Banana Applesauce 100 Milk | 15 221 Two Cheese Chicken Quesadilla 620 Salsa Cup 670 Fresh Fruit 941 Tostitos Scoops 100 Milk | 16 295 Meatloaf & Gravy W/Mashed Potatoes 609 Mixed Fruit Cup 901 Honey Wheat Biscuit 100 Milk  | 17 264 Cheese Pizza 708 Spinach With Chickpeas 697 Sliced Apples 100 Milk |
| 20 Martin Luther King Jr. Day  | 21 257 Mozzarella Sticks 622 Marinara Cup 670 Fresh Fruit 100 Milk | 22 205 Popcorn Chicken 611 Bagged Carrots 697 Sliced Apples 100 Milk  | 23 226 Philly Steak & Cheese Pinwheel 706 Spinach Salad With Tomatoes 682 Banana 100 Milk | 24 274 Toasted Cheese Sandwich 621 Celery Sticks 648 Strawberry Gel Cup 100 Milk  |
| 27 268 French Bread Cheese Pizza 634 Ruby Rusher Vegetable Juice 697 Sliced Apples 100 Milk  | 28 213 Chicken & BBQ Sauce S'wich 611 Bagged carrots 670 Fresh Fruit 100 Milk | 29 282 BBQ Popcorn Chicken W/mash Sweet Potatoes 609 Mixed Fruit Cup 905 Wheat Bread 100 Milk | 30 203 Mini Pepperoni Calzone 708 Spinach With Chickpeas 670 Fresh Fruit 100 Milk | 31 216 Spicy Taco Stick On Wg Tort 620 Salsa 697 Sliced Apples 941 Tostitos Scoops 100 Milk  |

**ALL ITEMS ARE 100% WHOLE GRAIN OR WHOLE GRAIN RICH
ALL PRODUCTS ARE PORK FREE**

MENU SUBJECT TO CHANGE

Nutritional Development Services
 222 North 17th Street, Philadelphia, PA 19103
 Phone 215-895-3470 Opt. 4
 FAX: 215-895-0832
 email: afterschoolmeals@ndsarch.org

Milk Variety includes:

Skim White Milk, 1 % White Milk, Skim Chocolate Milk, Skim Strawberry Milk & Skim Lactose Free Milk

PLEASE READ CAREFULLY - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.