

MARCH 2025 CHILD CARE HOT LUNCH MENU

Remember that at least one vegetable component **MUST** be served at every Lunch!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3/3/2025	3/4/2025	3/5/2025	3/6/2025	3/7/2025
286 WG PENNE PASTA WITH MEAT SAUCE AND BLENDED VEGETABLES 645 DOLE PINEAPPLE TIDBITS CUP or 697 BAGGED APPLE SLICES 100 WHITE MILK	631 WG POPCORN CHICKEN 625 CORN 670 FRESH FRUIT 100 WHITE MILK	632 WG MOZZARELLA STICKS 622 RED GOLD MARINARA SAUCE CUP or 814 POTATO SMILES 686 STRAWBERRY APPLESAUCE 100 WHITE MILK	215 BEEF & CHEESE TACO STICK ON WG TORTILLA or 201 CHEESEBURGER PATTY ON WG BUN 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 688 ORANGE MANGO APPLESAUCE or 682 BANANAS (requires approval to order) 100 WHITE MILK	218 WHOLE GRAIN MOZZARELLA PINWHEEL or 269 WG CHEESE PIZZA CALZONE 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 607 DOLE DICED MANGO CUP 100 WHITE MILK
3/10/2025	3/11/2025	3/12/2025	3/13/2025	3/14/2025
283 WG CHICKEN TENDERS WITH CORN 684 STRAWBERRY BANANA APPLESAUCE 100 WHITE MILK	834 MEATBALLS WITH WG ELBOW MACARONI AND TOMATO SAUCE 670 FRESH FRUIT 100 WHITE MILK	293 WG CHICKEN PARMIGIANA WITH GREEN BEANS 606 DOLE TROPICAL FRUIT CUP 100 WHITE MILK	296 SALISBURY STEAK WITH ROASTED SEASONED POTATOES 606 CHOPPED ROMAINE SALAD or 682 BANANAS (requires approval to order) 905 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	284 4" X 6" WG CHEESE PIZZA or 255 WG CHEESE PIZZABOLI 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 686 ORANGE MANGO APPLESAUCE 100 WHITE MILK
3/17/2025	3/18/2025	3/19/2025	3/20/2025	3/21/2025
206 WG FRENCH TOAST WITH TURKEY SAUSAGE 623 TATER TOTS 670 FRESH FRUIT 100 WHITE MILK	285 GRILLED CHICKEN WITH HONEY MUSTARD SAUCE AND GREEN BEANS 670 FRESH FRUIT 905 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	287 WG CHEESE RAVIOLI WITH BLENDED VEGETABLES 689 STRAWBERRY APPLESAUCE 100 WHITE MILK	201 CHEESEBURGER PATTY ON WG BUN or 252 TURKEY HOT DOG ON WG BUN 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT or 682 BANANAS (requires approval to order) 100 WHITE MILK	225 WG CIABATTA GRILLED CHEESE SANDWICH 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 645 DOLE PINEAPPLE TIDBITS CUP 100 WHITE MILK
3/24/2025	3/26/2025	3/28/2025	3/27/2025	3/28/2025
222 SLOPPY JOES 625 CORN 688 ORANGE MANGO APPLESAUCE 905 1/2 SLICE WHEAT BREAD+++ or 918 WHEAT HAMBURGER BUN 100 WHITE MILK	282 WG BBQ POPCORN CHICKEN WITH MASHED SWEET POTATOES 670 FRESH FRUIT 100 WHITE MILK	284 GRILLED CHICKEN & BROCCOLI ALFREDO WITH WG PENNE PASTA 670 FRESH FRUIT 100 WHITE MILK	630 WG CHICKEN NUGGETS or 833 MINI CORN DOGS 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 684 STRAWBERRY BANANA APPLESAUCE or 682 BANANAS (requires approval to order) 100 WHITE MILK	269 WG CHEESE PIZZA CALZONE or 263 5" ROUND WG CHEESE PIZZA 606 CHOPPED ROMAINE SALAD or 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT 100 WHITE MILK

MENU SUBJECT TO CHANGE

Healthy Grains! All items are 100% whole or whole grain rich products.

REMINDER: Water must be OFFERED every day!
 Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.
 +++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD
 CHOPPED ROMAINE SALAD: CHILDREN AGES 1 THROUGH 5 RECEIVE 1/2 CUP, CHILDREN AGE 6 & OLDER RECEIVE 1 CUP.

PLEASE READ CAREFULLY: Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours.