## **MARCH 2025 COLD SUPPER MENU**

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 118 String Cheese 540 Garlic Hummus 611 Bagged Carrots 670 Fresh Fruit 942 Multigrain Sun Chips 100 Milk	124 Smokehouse Turkey Breast Stick 126 Co-jack Cheese 631 Cherry Star Vegetable Juice 684 Strawberry/Banana Applesauce 332 Apple Cinnamon Muffin 100 Milk 2405	136 Vanilla Yogurt 132 Pumpkin Seeds 630 Dragon Punch Vegetable Juice 670 Fresh Fruit 345 Honey Scooters Cereal 100 Milk	6 232 Buffalo Chicken & Cheddar on Brioche Bun 631 Cherry Star Vegetable Juice 670 Fresh Fruit 957 Mayonnaise 100 Milk 2420	7 139 Cheddar Cheese Cup 129 Honey Roasted Sunflower Kernels 620 Salsa Cup 697 Sliced Apples 941 Tostitos Scoops 100 Milk 2413
10 137 Peach Yogurt 130 Sunflower Kernels 632 Wango Mango Vegetable Juice 670 Fresh Fruit 922 Granola W/ Cinnamon 100 Milk 2401	11 118 String Cheese 543 Red Pepper Hummus 611 Bagged Carrots 670 Fresh Fruit 939 Heartzel Pretzels 100 Milk	12 227 Tky Ham, Tky Pepp & Cheese/Roll 633 Sunset Sip Vegetable Juice 697 Sliced Apples 963 Mustard 100 Milk 2421	139 Cheddar Cheese Cup 132 Pumpkin Seeds 706 Spinach with Tomatoes 670 Fresh Fruit 926 Garden Salsa Sun Chips 953 French Dressing 100 Milk 2413	126 Colby-Jack Cheese 129 Honey Roasted Sunflower Kernels 634 Ruby Rusher Vegetable Juice 648 Strawberry Gel Cup 344 Blueberry Chex Cereal 100 Milk 2403
242 Chicken/Turkey Ham & Cheese Wedge Sandwich 630 Dragon Punch Vegetable Juice 697 Sliced Apples 957 Mayonnaise 100 Milk 2415	18 139 Cheddar Cheese Cup 129 Honey Roasted Sunflower Kernels 620 Salsa Cup 670 Fresh Fruit 942 Multigrain Sun Chips 100 Milk 2413	19 124 Smokehouse Turkey Breast Stick 118 String Cheese 631 Cherry Star Vegetable Juice 609 Mixed Fruit Cup 931 Cinnamon Bug Bites 943 Ranch Dressing 100 Milk 2405	20 133 Strawberry Banana Yogurt 132 Pumpkin Seeds 621 Celery Sticks 670 Fresh Fruit 346 Cinnamon Toast Crunch Cereal 943 Ranch Dressing 100 Milk 2407	126 Co-jack Cheese 546 Cheesy Pizza Hummus 611 Bagged Carrots 683 Pear 941 Tostitos Scoops 102 Milk
24  138 Blueberry Yogurt  130 Sunflower Kernels  632 Wango Mango Vegetable Juice  697 Sliced Apples  922 Granola w/ Cinnamon  100 Milk  2401	25 118 String Cheese 543 Red Pepper Hummus 611 Bagged Carrots 696 Raisins 941 Tostitos Scoops 100 Milk	26 233 Rotisserie Chicken With/mozzarella On Brioch Bun 634 Ruby Rusher Vegetable Juice 684 Strawberry/Banana Applesauce 957 Mayonnaise 100 Milk 2419	139 Cheddar Cheese Cup 132 Pumpkin Seeds 708 Spinach W/ Chickpeas 670 Fresh Fruit 924 Harvest Cheddar Sun Chips 943 Ranch Dressing 100 Milk	28 126 Co-Jack Cheese. 129 Honey Roasted Sunflower Kernels 633 Sunset Sip Vegetable Juice 670 Fresh Fruit 349 Corn Chex Cereal 100 Milk 2403

## FIRST IN FIRST OUT: MEALS LEFT OVER TODAY WILL BE SERVED TOMORROW

Nutritional Development Services 222 North 17<sup>th</sup> Street, Philadelphia, PA 19103 Phone 215-895-3470 Opt. 4

FAX: 215-895-0832

email: afterschoolmeals@ndsarch.org



ALL ITEMS ARE 100% WHOLE GRAIN OR WHOLE GRAIN RICH ALL PRODUCTS ARE PORK FREE

## **MENU SUBJECT TO CHANGE**

Milk Variety includes:

Skim White Milk, 1 % White Milk, Skim Chocolate Milk, Skim Strawberry Milk & Skim Lactose Free Milk

PLEASE READ CAREFULLY: Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours.